



ARE YOU SITTING COMFORTABLY?

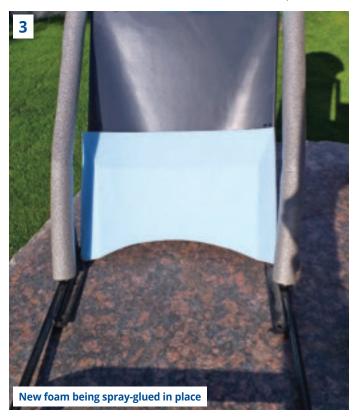
Alan Morgan reports on a successful DIY seat refurbishment project

fter 22 years of use and 17 years under my ownership, my Seven's driver's side S-Type leather seat was looking decidedly tatty, and more to the point was getting pretty uncomfortable. I therefore decided that a good winter project would be either to replace it with a new one, or to investigate having it refurbished.

The first thing I did was to look on the Caterham web site for the cost of a

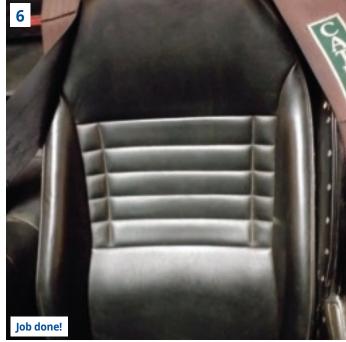
replacement. Having seen the price new, I thought that perhaps approaching Oxted Trimming might be a better bet. However, I was informed that having a complete refurbishment done would only come out about £50 less than buying a new one. At that point, I really didn't know what to do, but then the gentleman at Oxted told me that they sell a seat refurbishment kit for under £60, and that the process was a fairly simple one to do.

Within a few minutes, they had sent me an email containing the instructions that stepped through the process, including photos of each stage. It seemed like a "no brainer" so I duly ordered the kit. The refurbishment kit arrived within a few days. It consists of a new plastic back and some cable ties, two large foam pieces for the back and two tubular pieces for the sides. All I had to provide was some spray fabric glue along with my time and effort.









STEP BY STEP PROCESS:

- 1. Remove the seat from the car.
- Remove the seat back cover by easing it away from the seat frame to which it is glued. (photo 1) Clean all the surfaces of glue etc.
- **3.** Fit the new plastic back, securing it with cable ties. **(photo 2)**
- 4. Spray the foam pieces and the plastic back

with glue and fit the foam to the back and sides. (photo 3 and 4)

- Replace the leather cover onto the seat and glue the back and bottom to the rails (photo 5)
- 6. Leave to dry fully and then refit the seat to the car. (photo 6) It's a fairly simple job and one that

provides a great opportunity to give the

seat rails a really good clean and to get rid of all the dirt that accumulates under and behind the seat. The finished job may not look dramatically different, but the comfort has been greatly improved. As an added bonus, I now have greater visibility out of the car, as I sit a little higher.

If your seat is in need of some attention, it's maybe a perfect lockdown project? **LF**

Race Against Dementia Charity update

Members can submit donations to the Club charity Race Against Dementia, through a "Justgiving" page: www.justgiving.com/7club

Although the Justgiving website is ideal for handling individual donations, areas and event organisers looking to submit larger collections are encouraged to send these directly to Commercial Lead Alan Tough (commercial@lotus7.club) who will ensure that they are accounted for, with the total raised by Club members tracked and reported centrally.

DONATIONS TO RACE AGAINST DEMENTIA

Ian Saunders	£13
Andy Couchman	£38
Tom Price	£13
Mark	£31
Chris Adams	£31
Keith Vernon	£25
Dave Morris	£38
Guy Lowe	£25
John Vine	£62
Tim Holyoake	£38
Chris Beards	£38
Will B	£10
Adam lynes	£38

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Roy Allum	£110
Paul Manyweathers	£38
Chris Ball	£63
'Baggiebird'	£38
Colin Chapman	£38
Keith Williams	£13
James B	£13
Paul Richards	£125
Chris Alston	£63
David Osborne	£25
Richard J	£25
Anonymous / undisclosed	£281
Carried forward total	£16.860



RACE AGAINST DEMENTIA



MAIDEN FLIGHTS: WELCOME TO OUR NEW MEMBERS

NEW MEMBERS

Simon Barber, Bromley Julie Bentley, Berkhamsted Chris Bentley, Berkhamsted Oliver Blandford, Whitstable Chris Brentnall, Belper Simon Burgin, Cambridge Lewis Carine, Mytchett Robert Clark, Cascais Robert Clarke, Oxrto Michael Dommett, West Malling Tim Dudman, Cheddar Malo Fradin, Sevres Ben Fraser, Exeter Stephen Gell, Selby David Griffiths, Hinckley Bryan Hammond, Macclesfield Jonathan Hazelwood, Preston Beney Hewson, Farnham Adam Hewson, Farnham J Oliver Kolb, *Breitscheid* David Lamb, Huddersfield Arthur Rayner, Ditchling

Tom Rees, Newcastle Upon Tyne Cédric Robert, Nivelles Phill Spokes, Ascot Mark Sutcliffe, Sevres Julia Weiskrantz, Holyhead Tim Williams, Louth

RETURNING MEMBERS

Adrian Bleach, *Sleaford*Les Dean, *Gerrards Cross*Paul Formston, *Mold*Richard Goddard, *Newcastle Upon Tyne*Andrew Jackson, *Newbury*Paul Reynolds, *Dulverton*Sean Sadler, *Banstead*

